

# GCBA HOUSELEAGUE CONVENTIONS

As approved by the GCBA EXEC Sept 17, 2019 in consultation with the GCBA Technical Director.

NOVICE	ATOM	BANTAM	MIDGET /JUVENILE
<p>Play half court gyms Half court * defence rule – all season</p>	<p>Play full court gyms (exception is ½ court defence rule until Xmas) Full court in New Year (exception is the 15 point mercy rule)</p>	<p>Play full court gyms (exception is the 15 point mercy rule)</p>	<p>Play full court gyms (exception is the 15 point mercy rule)</p>
<p>Modified FIBA rules apply</p> <ul style="list-style-type: none"> <li>• 4 on 4</li> <li>• Size 5 Ball</li> <li>• Basket at 8.5 ft</li> </ul>	<p>Modified FIBA rules apply</p> <ul style="list-style-type: none"> <li>• 5 on 5</li> <li>• Size 5 Ball</li> <li>• Basket at 10 ft</li> </ul>	<p>Modified FIBA rules apply</p> <ul style="list-style-type: none"> <li>• 5 on 5</li> <li>• Size 6 Ball</li> <li>• Basket at 10 ft</li> </ul>	<p>Modified FIBA rules apply</p> <ul style="list-style-type: none"> <li>• 5 on 5</li> <li>• Size 6 Ball for Women</li> <li>• Size 7 Ball for Men</li> <li>• Basket at 10 ft</li> </ul>
<p>Man-to-man defence only - NO ZONE defence</p>	<p>Man-to-man defence only - NO ZONE defence 3 point shots allowed where court permits.</p>	<p>Man-to-man defence only - NO ZONE defence 3 point shots allowed where court permits.</p>	<p>Man-to-man defence only - NO ZONE defence 3 point shots allowed where court permits.</p>
<p>8 X 4 minutes stopped time Shortened foul line</p>	<p>8 X 4 minutes stopped time</p>	<p>8 X 4 minutes stopped time</p>	<p>8 X 4 minutes stopped time</p>
<p><b>Equal play</b></p>	<p><b>Equal play</b></p>	<p><b>Equal play</b></p>	<p><b>Equal play</b></p>

**Time Outs:** Each time-out shall last 1 minute. A time-out opportunity begins when:

- For both teams, the ball becomes dead, the game clock is stopped and the official has ended his communication with the scorer's table.
- For both teams, the ball becomes dead following a successful last or only free throw.
- For the non-scoring team, a field goal is scored.

Only a coach or assistant coach has the right to request a time-out. He shall establish visual contact with the scorer or he shall go to the scorer's table and ask clearly for a time-out, making the proper conventional sign with his hands.

**Injured Players:** Sick or injured player are to kneel down to indicate they are injured. This makes it obvious to the referee's and they will stop play as soon as possible. A Time Out is NOT given to the team in this case. If the coach comes onto the floor for an injury that player MUST leave the floor. Presence of blood also means the player MUST leave the floor.

**PLEASE NOTE:** in House League, there is **equal play** for all shifts. We **do not** have free substitutions during any part of the game.

*\* in fact, considering the small size of a ½ court gym, players should be encouraged to move back to ¼ court (free-throw line extended) to allow opponents to cross ½ court unimpeded.*